



TRIPLE P

Triple P - Positive Parenting Program

Triple P – the Positive Parenting Program ® is a system of parenting and family support that is designed to prevent - as well as treat - behavioral and emotional problems in both children and teenagers. The Program works to proactively prevent family, school and community problems and to establish healthy family environments that allow families and their children to realize and reach their full potential.

The Triple P approach comes from social learning, cognitive behavioral and developmental theory and employs research of risk factors in the development of social and behavioral problems in children. Triple P's 17 parenting strategies focus on developing positive relationships, attitudes and conduct to provide parents with the skills and confidence they need to successfully manage family issues without external support.