



TRAUMA INFORMED CARE

Trauma Informed Care (TIC)

At Maggie's Place, we strive to be aware of and sensitive to the trauma that women have experienced. Trauma Informed Care (TIC) in all aspects of service delivery. TIC is an approach which recognizes and acknowledges trauma and its prevalence.

Our TIC approach provides individuals who have experienced neurological, biological, psychological and social effects of trauma and interpersonal violence and the prevalence with care that is responsive to the impact of trauma. It emphasizes physical, psychological, and emotional safety for providers and survivors, It creates opportunities for survivors to rebuild a sense of control and empowerment.

Maggie's Place strives to practice trauma informed care across every part of our organization, providing ongoing education about how trauma impacts the life of individuals who seek our services and by applying intentional strategies where staff and volunteers are able to learn and process the impact of their own trauma story as it applies to their work within Maggie's Place.

Following the establishment of the physical and emotional safety of an individual, TIC has five guiding principles: safety, choice, collaboration, trustworthiness and empowerment.