

TRAUMA INFORMED CARE

At Maggie's Place, we are aware of and sensitive to the trauma that women have experienced. Trauma Informed Care (TIC) in all aspects of service delivery. TIC is an approach which recognizes and acknowledges trauma and its prevalence.

Our TIC approach provides individuals who have experienced neurological, biological, psychological and social effects of trauma and interpersonal violence and the prevalence with care that is responsive to the impact of trauma. It emphasizes physical, psychological, and emotional safety for providers and survivors, It creates opportunities for survivors to rebuild a sense of control and empowerment.

Maggie's Place practices trauma informed care across every part of our organization, with our management and providers provided with an understanding of how trauma impacts the life of individuals who seek our services.

Following establishment of the physical and emotional safety of an individual, TIC has five guiding principles: safety, choice, collaboration, trustworthiness and empowerment