

TRIPLE P

Triple P – the Positive Parenting Program ® is a system of parenting and family support that is built to treat and prevent behavioral and emotional problems in children and teenagers. Triple P works to proactively prevent family, school and community problems and to establish family environments that allow families and their children to realize and reach their potential.

The Triple P approach comes from social learning, cognitive behavioral and developmental theory and employs research of risk factors in the development of social and behavioral problems in children. Triple P's 17 parenting strategies focus on developing positive relationships, attitudes and conduct to provide parents with the skills and confidence they need to successfully manage family issues without external support.